



Outdoor and indoor garden enhancements at Salvation Army Adult Day Care

SALVATION ARMY ADULT DAY CARE PARTNERSHIP

LFHS has been partnering with the Salvation Army since 2009. This is a very rewarding long term project with two distinct parts – outdoor garden enhancements and indoor therapy – enjoyed by all staff and participants in Adult Day Care at the location on Dundas Street at Highbury Ave.

Outdoor Garden Enhancements - Previous projects included building raised planters and renovating the Garden courtyard, designing the hardscapes and plantings to enhance the walkway, contracting the construction of a pergola and recruiting volunteers for planting days.

In spring and fall, typically 1 part day each season, volunteers do cleanup and renovate beds as needed including tasks such as weeding, spreading soil or compost, planting or mulching.

All who receive care through this facility, as well as their families, really appreciate the opportunity to stroll along the walkway, pause under the pergola, relax on a bench and enjoy the view of these colourful gardens.

Indoor Garden Therapy program – This program, launched in 2010, includes monthly activities from seed starting to Christmas swag making. A full slate is planned over the winter and early spring, sometimes including not just the folks from Adult Day Care but also the kids Day Care program.

Volunteers assist participants with activities such as:

- Planting hanging baskets
- Starting tomato plants from seed
- Planting vegetables & herbs in raised beds
- Tending plants

We receive lots of smiles and thank yous for our efforts. This is a very rewarding community outreach program for the volunteers.

Captain - Bob Crowhurst

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